

Group Fitness Timetable - Campbelltown

Effective from 2 October 2017



TIME	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
8:00am Trainer						meta PWR Tristan
9:30am Trainer		Mums & Bubs FITNESS Melissa		Mums & Bubs FITNESS Melissa		
12:00pm Trainer						
4:30pm Trainer				KIDS BOOTCAMP Tristan		
6.00PM Trainer	meta PWR Tristan	BOXING Melissa	metafit Tristan	KETTLEBELL AMPD Melissa		